

AGEING WELL FESTIVAL

Main Organiser: Graduate School of Business | Co-Organiser: Bagan Specialist Centre

15 OCTOBER 2022 (SATURDAY)

DEWAN BUDAYA | DATARAN BINTANG | PERMATANG PELAJAR | STADIUM OLAHRAGA USM

Festival Programme

7:15 am

MORNING EXERCISE

Venue: Stadium Olahraga USM

- Participants may park your vehicle nearby Dewan Budaya area and take a transit bus service provided by the Secretariat to Stadium if plan to join the Campus Walk after the exercise or;
- Park your vehicle at Padang Kawad area nearby Stadium Olahraga and use own transport to head to Dewan Budaya area for further event.
- Please register your name in the google form provided for bus arrangement:
- Bus arrangement is based on "First Come First Serve" basis for 200 early participants
- 100 early birds will receive Goodies

8:30 am

CAMPUS WALK – "EMBRACE CAMPUS SCENERY"

- from Stadium Olahraga to Dewan Budaya – using the road along Tasik Harapan, USM mosque heading up straight to Dewan Budaya

9:30 am

FREE FLOW ACTIVITIES – ALL ARE WELCOME, WALK-IN ALLOWED!!

Venue: Dataran Bintang & Permatang Pelajar

Join this festival that provides various of interesting activities and enjoy:

- Booth & food truck sales
- Batik chanting
- Pot making
- Playing traditional musical instrument & game (congkak)
- Sports: Archery, Ping Pong
- Foot Massage (Reflexology)
- Blood Donation, Health Screening
- Education & Health exhibition booth

10:00 am

REGISTRATION FOR HEALTH SPEECH & DRAWING COMPETITION

Venue: Registration Counter in front of Dewan Budaya Hall

- Participants for the health speech and drawing contestant are compulsory to register their name to the Secretariat in order to allow with the participation.
- Please make yourself available and ready at the venue 15 minutes early before the competition starts

10:30 am

HEALTH SPEECH by

Dr. Nurul Nadia Ismail, Specialist & HOD, Psychiatry & Mental Health Dept., Hospital Kulim

Venue: Dewan Budaya (limited seats)

- Target group : Senior Citizen & USM Pesara, Staff & Student
- Please register your in the google form provided
- CSD & CPD points will be provided to USM Staff & Student

Festival Programme

10:30 am

DRAWING COMPETITION

Venue : Dataran Bintang (under canopy)

- Target group: Open to Public, Family Members of USM Staff & Student
- Category:
 - Group 1 (Age 4 to 6 years old)
 - Group 2 (Age 7 to 9 years old)
 - Group 3 (age 10 to 12 years old)
- Participants need to bring own colouring material (Colour Pencil, Crayon or Water/Poster Colour)
- Secretariat will provide the colouring paper
- Walk in contestant will be accepted subject to available spot
- Please register your name in the Google Form provided
- Result & prize giving will be announced at 4:30 pm in Dewan Budaya Hall

12:00 pm

FREE FLOW ACTIVITIES – Don't stop!! Program continues till evening.....

Venue: Dataran Bintang & Permatang Pelajar

2:00 pm

REGISTRATION FOR SINGING (KARAOKE) COMPETITION

Venue: Registration Counter in front of Dewan Budaya Hall

- Target group: Open to Public, USM Pesara & Staff ages 40 years and above
- Public, USM Staff & Student are welcome to join as a guest (limited seats available)
- Register your name in the Google Form provided. Don't wait, register now.
- Find further information and regulation in the Registration Form (for participants only)
- CSD & CPD points will be provided to USM Staff & Student (participants and guests)
- Participants for the singing competition are compulsory to register their name to the Secretariat in order to allow with the participation.
- Please make yourself available and ready at the venue 30 minutes early before the competition starts
- Please allow the Secretariat to show your seating in the hall (participants only)

2:30 pm

SINGING COMPETITION

Venue: Dewan Budaya Hall

- Competition begins
- Result & Prize giving for drawing competition
- Performance by Adikarma
- Result & Prize giving for singing competition

5:00 pm

SIGNING OF LOI CEREMONY – GRADUATE SCHOOL OF BUSINESS & BAGAN SPECIALIST CENTRE

Venue: Dewan Budaya Hall

- Speech by Professor Dr. Azlan Amran, Dean Graduate School of Business
- Speech by Bagan Specialist Centre representative

6:00 pm

PROGRAM END